

DANGDUT TIMES

Malaysian Music Therapy Association Newsletter

Our Third Newsletter

2021 - a year where we take our resilience and adaptiveness to a whole new level. As the world pandemic stretches on into this year, some of us dip into our sources and reserves of continued strength, while others welcome whole new chapters in their lives. Regardless, we hang on to hope...some preferred repertoire in this process would not hurt too!

While the world spins, MMTA is still here to share with you our third edition of Dangdut times: a summary of events and news from January 2021 till April 2021. Stay safe everyone and take care of yourselves while we take care of others.

Joanne, Heng Wei, Sheen

ANNUAL GENERAL MEETING 2021

On March 24th 2021, our Annual General Meeting for 2021 was held virtually to present our past AGM minutes, financial and activities report for year 2020. We want to thank MMTA members for joining us - it was good to catch up and get acquainted with faces new and old!

MUSIC THERAPY PUBLIC TALKS

In the past four months, many of our members kept busy in actively spreading the word, representing and advocating for our profession - delivering talks and conducting workshops with audiences from different walks of life. Kudos for the amazing work, everyone!

19 December 2020

Nathan delivered a talk organized by Alchemy Space Resources titled “音乐治疗是什么东东？” (translated as “What is music therapy?”). In his talk, Nathan discussed the application and efficacy of music therapy with two significant populations - children with special needs and stroke patients/survivors.

音乐治疗是什么东东?
 治疗, 车上, 商场里...
 生活中, 音乐无所不在。
 孩童又能想到,
 大家所认为搭建快乐的音乐,
 跟心理学、医学碰撞之后,
 又碰撞出了什么样的火花呢?

2020年12月19日
zoom, 线上讲座

黄立贤
ALCHEMY SPACE RESOURCES
ALCHEMY SPACE RESOURCES

报名费
A + B A + C 11:00-11:10
RM 80 RM 80 RM100

A 什么是音乐治疗?
2-3pm (1 hr)
 B 「特殊儿童领域」的应用与效果
3:15-4pm (45 min)
 C 「中风患者」的应用与效果
(包括高智商/肢体康复者)
4:15-5pm (45 min)

注: *MHA, SPM, 注册音乐治疗师
*MHA, SPM, 注册音乐治疗师
*MHA, SPM, 注册音乐治疗师

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6 February 2021

Ivy conducted her workshop through Life Tunes titled “你要崩溃了吗?” (translated as “Are you falling apart?”) in advocacy for mental health. Lockdowns and schools being closed have taken a toll on parents’ well being. This workshop was specifically catered for parents with children with special needs, focusing on music therapy techniques for both parents and caretakers’ emotional health, as well as for their children.



27 March 2021



Hoc Weng presented a workshop themed around mental health awareness titled “How Music Affects Mental Health”, organized by the Psychology Department of HELP University. He spoke on how music therapy addresses mental health, physical and emotional/psychosocial needs, as well as depression and anxiety.

3 April 2021

Joanne conducted a talk titled “走进音乐治疗的世界” (translated to “Entering the world of Music Therapy”) for secondary school students in Sarawak. She speaks on what music therapy is and how music therapy works with different populations.



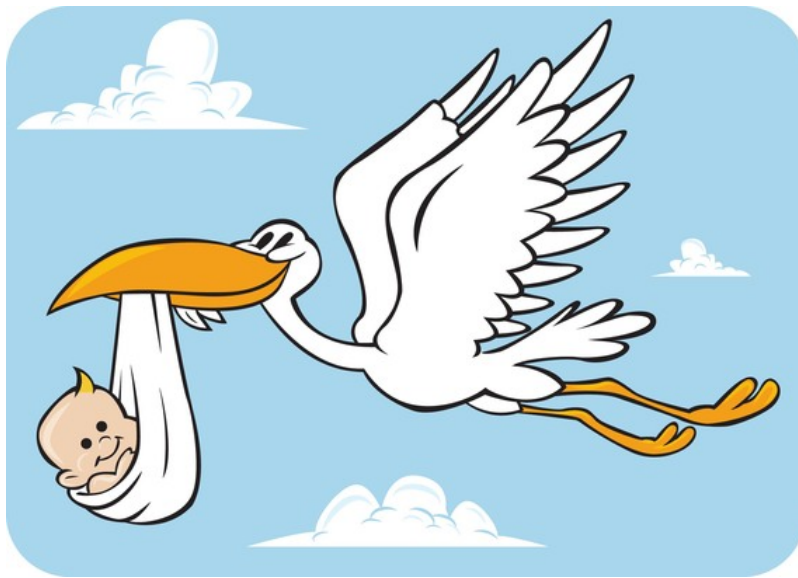
23 April 2021

Heng Wei presented at the SENIA (Special Education Network & Inclusion Association) Beijing Spring Conference 2021 titled “Music in Mental Health - Does Music or Music Therapy Help with Emotional & Behavioral Problems with Kids & Teens?”. The audience for this presentation was special education teachers and professionals, and she introduced music therapy and the different ways music therapists utilize music to address emotional and mental health needs of children and adolescents.

NEWS

The Music Therapists contact page on our website has been newly updated! Now the public can find any of our association's members on the "Find a music therapist" page. Do check it out at <https://www.mmta.org.my/contact>.

MEMBERS UPDATE



We also have very happy news to share with everyone - by way of an expansion to our extended MMTA family! Firstly, a big congratulations to Sandra on the birth of her very first baby, Lucas Jay Boston Fernandez on 18th March 2021; our president Sherrere has also given birth to her second baby boy on 22nd April 2021. Our heartiest congratulations to them, and here's to wishing the both of them and their families well!